

BREAKFAST MENU

Daily Restaurant Service
7.00 am to 10.00* am

Continental Breakfast

- Assorted Muffins or Johnny cake – made to order*
- Season fresh fruit
- Cereal selection or Granola
- Yogurt selection
- Jams, Cheese and Spread

Beverages and Teas

- Coffee, Ginger Latte, Cappuccino
- Hot Cocoa
- Fresh juices – Orange, Pineapple, Watermelon
- Herbal teas – Green tea, Peppermint, Earl Grey, Chamomile
- Ice tea

Smoothies

Breakfast Smoothie – Oats, Frozen Banana, Milk, Cinnamon, Vanilla

Tropical Smoothie – Banana, Mango, Pineapple, Coconut Water, Watermelon, Spinach*

Coffee Smoothie – Coffee, Vanilla ice cream, Frozen banana, Coconut milk, Cacao powder, Almond butter.

Egg Dishes

The Scrambler – three eggs scrambled with onion, green peppers, mushrooms, and diced breakfast sausage with side toast

The Basic – three eggs scrambled with grill tomato, toast, two strip bacon or sausage and sweet beans

Tofu Scrambler – tofu scrambled with spinach, mushrooms, green pepper, cheese and side of fruits

All meals are prepare per order, please inform servers of any dietary restriction.

Belize Breakfast –

Two eggs anyway, stew beans, fried plantains, fried jacks, and
Local cheese
Served with bacon or sausage.

Mayan Breakfast Burrito –

Scramble eggs infused chaya, habanero infused cheese, beans, sausage or bacon
wrapped in flour tortilla. Served with salsa and sour cream.

Stuffed Jacks –

Deep-fried jacks infused with refried beans, eggs, cheese and
Jalapenos served with bacon or sausage.

Buttermilk Pancakes Or Waffles –

Two large hotcakes served with scrambled eggs, an
Option of bacon, or sausage, or fresh fruits.

Omelets –

Vegetable omelets with seasonal vegetables | Meat Lover omelets | Mushroom and
cheese omelets,
Served with side of toast and a choice of bacon or sausage.

Huevos Rancheros –

Two sunny sides up eggs topped with green salsa and roasted tomato sauce,
queso fresco, refried coconut beans.

Eggs Benedict –

Toasted bread topped with grilled tomato, ham,
two poached eggs and hollandaise sauce.

Classic French toast –

Four slice of rich and delicious homemade bread soak in a vanilla cinnamon sauce,
toasted and served with
a side of bacon or sausage or optional fresh fruits.

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